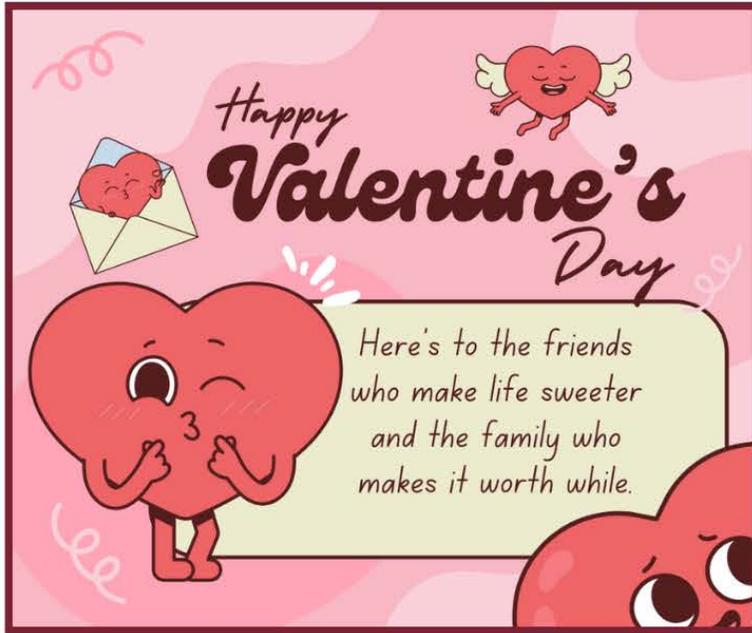




# GAPS NEWSLETTER

"Community with Police...Caring & Sharing Together"



Call to reserve your team spot, we already have three teams registered!

## FEBRUARY IS AMERICAN HEART MONTH

Why do we observe American Heart Month every February? Well, every year more than 650,000 Americans die from heart disease making it the number one cause of death for most groups. It affects all ages, genders, and ethnicities. Risk factors include high cholesterol, high blood pressure, smoking, diabetes, and excessive alcohol use.

One in five heart attacks occur without the person even knowing they had one. They affect women differently than men and young women under the age of 50 are twice as likely to die of a heart attack as men in the same age group. Heart attacks are more likely to occur on Monday mornings which scientists attribute to the disruption in our circadian rhythm over the weekend which leads to increased blood pressure and other changes to the nervous system.

We can all keep our hearts healthy by taking an active role in reducing risk for heart disease by eating a healthy diet, engaging in physical activity, and managing cholesterol and blood pressure. This is a great time to start some heart-healthy habits, educate yourself and check with your doctor on getting blood pressure and cholesterol checks. Start with something simple and try to stick with it for at least a month so that it becomes habit.

Visit [www.heart.org](http://www.heart.org) and LOVE YOUR HEART!



## BOWLING TOURNAMENT

### Saturday April 11, 2026

ACT NOW is a 501(c)(3) non-profit organization  
All proceeds from this fundraiser benefit ACT NOW Programs and Projects

**Begins at Noon**  
Registration at 11:30 a.m.  
**\$50 Per Person**  
**5-Person Team**  
(Guys, Gals or Mixed)  
**8 TEAMS MAX**  
**Register Early!!**



**FRED'S ROSCOMMON**

Large  
50/50 Raffle  
Strike Ball Tickets  
Other PRIZE  
DRAWINGS!!

**CASH PRIZES**  
1st Place \$500  
2nd Place \$250  
3rd Place \$100  
**3 Games**

Contact Julie Hill to Register (989) 821-5207 Ext. 291 or pick up a Registration Form at Fred's or at the Gerrish Police Dept.




## ACT NOW 2026 Scholarships

Every year ACT NOW along with the Gerrish Twp. Police Officers award two \$1,000 Scholarships to graduating Roscommon High School seniors.

Scholarships are based on GPA, community service and need.

Applications are now available.  
Deadline Date: April 1, 2026  
For more information and to get an application, scan the QR Code for a direct link or call (989) 821-5207 Ext. 291.



SCAN ME

## UPCOMING EVENTS/MEETINGS

FEB 6  
ACT NOW EXECUTIVE BOARD MEETING  
10:00 AM @ GERRISH TWP. POLICE DEPT.

FEB 13/14/15  
2026 WINTERFEST @ NORTH HIGGINS LAKE  
STATE PARK - CHECK HLRCCWINTERFEST ON  
FACEBOOK FOR SCHEDULE OF EVENTS

FEB 14

HAPPY  
VALENTINE'S  
DAY

FEB 28  
FOOD TRUCK DISTRIBUTION @ ROSCOMMON  
AREA SCHOOLS BUS GARAGE  
10:00 AM UNTIL FOOD IS GONE

## SRO AGREEMENT

On January 16, 2026, Roscommon Area Public Schools Superintendent Cathy Erickson and Gerrish Twp. Police Chief Eric Muszynski signed a new School Resource Officer agreement that will run from Feb. 17, 2026 until June 30, 2027.

The school district will be providing 75% of the wages and benefits for the officer and the Gerrish Twp. Police Department will provide the other 25%. The original three-year agreement started on Feb. 16, 2023 and ends on Feb. 16, 2026.

The primary function of the SRO is to assist school administration in ensuring the physical safety of the RAPS District and the individuals inside the various buildings on the campus. The SRO will work with school administration to develop and/or update safety procedures and emergency operations plans for potential threats. The SRO also educates students about law-related topics as deemed appropriate and provides educational opportunities when identified. Public safety will always be promoted and the SRO will practice necessary de-escalation as aggression between students occurs and will always welcome the opportunity to counsel and mentor students as an advisory positive role model.

The current RAPS School Resource Officer is Gerrish Township Sergeant John Ellis. He will continue in this role during the term of this new agreement. Our Department is very happy to be able to serve the school administration, teachers, staff, students and parents of the Roscommon Area Public Schools in this capacity.



Sgt. John Ellis has taken over as our Gerrish CERT Coordinator and will also serve on our non-profit organization (ACT NOW) board as the Police Officer Representative. We appreciate his commitment to these extra duties which along with his regular Sergeant duties will be keeping him very busy!

## 2026 Looking Ahead & Last Year in Review...

ACT NOW and the Gerrish Twp. Police Department have set dates for their 2026 events. You can find all of those in the 2026 ACT NOW Brochure that is available on-line at [www.gerrishpolice.org/act-now-brochure/](http://www.gerrishpolice.org/act-now-brochure/).

The ACT NOW 2025 Annual Report is also available on-line at [www.gerrishpolice.org/act-now-fiscal-year-report/](http://www.gerrishpolice.org/act-now-fiscal-year-report/).

There is also an updated Community Programs & Projects Synopsis for 2026 available on-line at [www.gerrishpolice.org/act-now-programs-projects/](http://www.gerrishpolice.org/act-now-programs-projects/).

You can also obtain hard copies of these items by stopping in to the Gerrish Township Police Department during our administrative hours Monday-Friday from 8:00 am - 4:00 pm.

We would like to extend our thanks and appreciation to all of the individuals, businesses and organizations that supported our many programs and projects in 2025!!